



For Immediate Release

September 18, 2006

## **EXMIN BOARD GRANTS INCENTIVE STOCK OPTIONS**

Vancouver, British Columbia, September 18, 2006.

EXMIN Resources Inc. ("EXMIN" or "the Company", TSXV: EXM) announces that it has granted stock options to its directors, officers and consultants to purchase 2,950,000 common shares of the Company, each at an exercise price of \$0.32 per share for a period of ten years from this date, and pursuant to the Company's 2006 stock option plan.

The grant is subject to regulatory approval.

### **About EXMIN**

EXMIN Resources Inc. is currently focused on the exploration and development of precious metal properties of significant merit in the Sierra Madre gold belt of Northwestern Mexico.

### **For further information, please contact:**

Karl J. Boltz, President & CEO, or investor relations, both of EXMIN, at 1-888-244-0304.

Visit us on the internet: [www.exmin.com](http://www.exmin.com) or Email us at: [info@exmin.com](mailto:info@exmin.com)

*Note: EXMIN Resources Inc. (EXMIN) has taken all reasonable care in producing and publishing information contained in this news release. Material in this news release may still contain technical inaccuracies, omissions or typographical errors, for which EXMIN assumes no responsibility. This news release may include certain "forward-looking statements" including but not limited to comments regarding predictions and projections. All statements, other than statements of historical fact, included in this news release, including, without limitation, statements regarding potential mineralization, exploration results, and future plans and objectives of EXMIN, are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from the Company's expectations are disclosed in documents filed from time to time with the regulatory authorities.*

*The TSX Venture Exchange has not reviewed this release and does not accept responsibility for the adequacy or accuracy of this news release.*